

Bradford Woods Environmental Resource Center Evening Program and Recreation Options

The following is a list of **RECREATION OPTIONS** that are currently offered. Some craft activities can be combined to fill the full recreation period.

ARCHERY: Learn how to use a recurve bow and practice shooting arrows.

CAPTURE THE FLAG: Large group game that divides participants into two groups as they plot to try and acquire the other team's flag.

CONSERVATION PROJECT: Find an area at Bradford Woods that needs some help and work on a project to make the situation better. A typical project may involve building trail steps or installing water bars.

FISHING: Cane pole fishing in the Ol' Swimmin' Hole Lake in hopes of catching a big one! We practice catch and release at Bradford Woods.

NATIVE AMERICAN GAMES: Large group games based on learning skills and traditions of Native Americans.

SCHOOL CHOICE: A member of the school's staff will lead an activity based on their interest or skills.

STAFF CHOICE: A Bradford Woods staff member will lead an activity based on their interest or skills.

ULTIMATE FRISBEE: Large group game that encourages cooperation as participants try to get a Frisbee across the opponent's goal line.

CRAFTS: Learn to make crafts from recycled materials. Create a candle-holder from a pop can, a terrarium from a plastic pop bottle, or a bird feeder from a milk carton; make a friendship bracelet for a friend or for yourself and use old newspaper and office paper as well as leaves, pine needles and other items to create recycled paper. Make a few sheets to take home!

NATIVE AMERICAN CRAFTS: Learn to make Native American crafts like Dream Catchers, God's Eyes and Talking Sticks.

The following is a list of **EVENING OPTIONS** that are currently offered. Activities are typically either one or two hours in length. Activities will need to be chosen to create a two-hour block. When schools are leading the evening activities, this is only a list of suggestions. If members of your community have

something to share with your participants, please share your ideas with the BW program coordinator.

ALPHA WOLF: A simulated game that begins with information about wolves and allows participants to role-play as a wolf pack while searching for the alpha wolf.

CAMPFIRE: Campfires can take many forms, the most traditional being a time for skits, songs, and stories led by Bradford Wood's staff.

DUTCH AUCTION: Participants are divided into groups and sent back to their cabins to gather a number of personal items. When the participants are back to the meeting place and in groups, an announcer will request different items. Groups that can produce that item are rewarded points. Be creative!

FOLK DANCE: Music and directions provided to teach participants basic folk dances. Dances can include other music, too!

NIGHT-HIKE: Explore Bradford Woods at night. Instructors will focus on nocturnal animal adaptations, how we use our senses during the night, and look upward to the stars to point out constellations. If you are interested in specifically astronomy, the Bradford Woods staff can tailor a night-hike with an emphasis on the night-sky and have the kids take a look through our telescope.

PIT THE FOOD CHAIN: A game that requires participants to form a food chain with their group members. Participants trade cards in the pit and may have to research the pieces of their food chain to make the food chain accurate.



Indiana University's Outdoor Center